

Lake Superior Highlands Coast Sea Kayak Expedition

Fast Facts

Description:	Fully guided and partially outfitted sea kayak trip – seven days kayaking, one night B&B accommodation, seven nights camping, half-day tug transfer, half-day group skills workshop
Skill Level:	Intermediate to advanced paddling skills and backcountry camping experience.
Pace:	Moderate to occasionally demanding
Minimum Age:	18
Trip Distance	95 kilometres (average paddling speed approximately 4.5 to 6 km/hr)
Food:	Prepared for you using locally produced, non-processed, healthy ingredients
Trip Dates:	Friday July 27, 1 pm to Saturday August 4 pm, 2012
Cost:	\$1,780 including taxes. See special pricing for multiple sections
Includes:	Professional Guiding and group outfitting, vehicle and boat shuttles, meals. (Sea kayaks and tents extra).

Trip Overview



This remote wilderness trip starts at Pukaskwa Depot at the south end of Pukaskwa National Park and ends at Naturally Superior Adventures "Rock Island" site at the mouth of the Michipicoten River, near Wawa, Ontario.

The Superior Highlands make up the fifth leg of the Lake Superior Sea Kayak Pageant. You can sign up for this trip only or take advantage of special rates by combining it with other legs of our series of trips along the entire Canadian shore.

Along this section of coast, the last ice age left a glacial-scoured landscape of terrace beaches attesting to higher water levels. The sheltered depressions of rocky fault lines create habitat for the odd white pine, red pine, sugar maple, black ash, eastern white cedar and other species typical of more southerly climates.

Seeing wildlife such as moose, fox, beaver, otter and wolves, is always possible. We'll paddle past heron rookeries, bald eagle and peregrine falcon nests. With keen eyes you'll see the last remains of aboriginal pictographs. We'll follow along the same route traveled for years by voyageurs, missionaries, fur traders and miners.

Spectacular sites include Point Isacor, where coastline cliffs rise 150 metres above the surface of Lake Superior for nearly 10 kilometres and the gull and heron rookeries at Crane Island. We will also hike to up the river to see the awe-inspiring 40-metre cascade at Denison Falls. The trip begins with a tug shuttle from Hattie Cove in Pukaskwa National Park so you will also have an opportunity to see the northern Pukaskwa coastline as well.



This trip is designed for intermediate paddlers: previous sea kayaking and wilderness camping experience are required. A skill workshop will take place prior to trip departure and your enjoyment will be enhanced if you are in good physical condition and comfortable with wilderness camping.

You will be responsible for carrying a portion of the group gear in your kayak, as well as your tent, sleeping bag and personal gear. Don't worry about cooking or clean-up – all food preparation is taken care of by our "wilderness chefs"!

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The lake is mostly calm in summer, but when it gets rough we enjoy the view from shore; experience paddling in surf and big swells is not necessary. The group sets our pace, but we tend to spend most of the day on the water, leaving lots of time for “covering the distance” and exploring the coast. Rough conditions on Lake Superior can prohibit safe boat travel and delay trip start and finish.

Trip Itinerary

The following is a typical trip itinerary from Pukaskwa Depot to our Rock Island site. Lodge accommodations are provided on Friday night on a first-come, first served basis. Sign up early if you’d like to stay on Lake Superior! Alternatively, we will make arrangements for you to stay at a nearby motel.

Day	Activity/Campsite	Approx. Distance	Sights
1	Arrive. Paddling skills and safety session, trip prep and whitefish BBQ	N/a	Michipicoten River and Harbour area
2	Tug Shuttle to Pukaskwa Depot	N/a	Pukaskwa coastline
3	The Wheat Bin	12 km	Pukaskwa River, Schist Falls
4	Les Petits Mort Rocks	12 km	Crane Island
5	Ghost River	18 km	Ganley Wilderness Area, Redsucker Cove
6	False Dog Harbour	18 km	Point Isacor
7	Dog River	5 km	Hike to Denison Falls
8	Minnekona Point	12 km	McCoy’s Harbour
9	Mid-afternoon arrive Rock Island	11 km	Dore River, Seagull Islands, Perkwakwia Lighthouse

Equipment and Services – Partially Outfitted Trip

We Provide: Professional instruction and guiding; BBQ dinner on Friday evening and all meals to the following Saturday afternoon; fishing tug and vehicle shuttles; all group safety, camping, cooking, eating and sanitation gear.

You Provide: Fully outfitted expedition sea kayak (minimum 16.5 feet in length with two sealed bulkheads – rudder or skeg are recommended), tent, sleeping bag and pad and all personal equipment and clothing. A detailed recommended list is provided on registration.

Outfitting: We have expedition outfitted sea kayaks (\$20 day) and tents (\$5 day) available at reduced rates for trip guests who prefer to use our equipment.

The Lake Superior Highlands are the most remote section of the Pukaskwa Coastline outside of Pukaskwa National Park. Make it your next paddling destination.

